

  
**SOUTHERN**  
**HEALTH ASSOCIATES**  
 FAMILY AND SPORTS MEDICINE

Dr. Todd Pearlstein, MD, Dr. Eric Law, MD, Dr. Melissa Behringer, MD

Phone: (334) 566-9800

Fax: (334) 566-3700

**Name:** \_\_\_\_\_  
FIRST MIDDLE LAST

**SSN:** \_\_\_\_\_ **BIRTH DATE:** \_\_\_\_\_

**MARITAL STATUS:** Married \_\_\_\_\_ Single: \_\_\_\_\_ Divorced: \_\_\_\_\_ Widowed: \_\_\_\_\_

**GENDER:** Male Female Transgender Non-Binary/confirming Prefers not to answer

**SEXUAL ORIENTATION:** Heterosexual Bisexual Homosexual Pansexual Asexual Prefers Not to Answer

**RACE:** Asian Black Black or African American White

**ETHNICITY:** Central American Cuban Dominican Mexican Puerto Rican South American Spaniard

Hispanic or Latino/ Spanish Latin American/Latin, Latino Not Hispanic/Latino None

**HOME PHONE:** \_\_\_\_\_ **WORK PHONE:** \_\_\_\_\_ **CELLPHONE:** \_\_\_\_\_

**\*\*Circle the phone number you want to be your primary contact phone number\*\***

**PERMISSION TO TEXT CELLPHONE:** YES: \_\_\_\_\_ NO: \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_

**LOCAL PHARMACY:** \_\_\_\_\_

**ASSIGNMENT OF BENEFITS/FINANCIAL RESPONSIBILITIES**

**Patient Name:** \_\_\_\_\_  
FIRST LAST M.I TELEPHONE

**SSN:** \_\_\_\_\_ **BIRTH DATE:** \_\_\_\_\_

**PHYSICAL ADDRESS:** \_\_\_\_\_  
STREET CITY STATE ZIP

**MAILING ADDRESS:** \_\_\_\_\_  
STREET CITY STATE ZIP

**EMPLOYER:** \_\_\_\_\_  
NAME TELEPHONE

\_\_\_\_\_  
ADDRESS OCCUPATION





**\*\*Please sign and date each item below\*\***

**ACKNOWLEDGEMENT AND AUTHORIZATION:**

- I have read and understand the HIPAA/Privacy and Preventive Policy for SOUTHERN HEALTH ASSOCIATES
- I hereby assign my insurance benefits to be paid directly to the healthcare provider
- I authorize SOUTHERN HEALTH ASSOCIATES LLC to release medical information required to process my claim
- I have read and understand the Financial Policy for SOUTHERN HEALTH ASSOCIATES LLC
- I authorize SOUTHERN HEALTH ASSOCIATES LLC to obtain/have access to my medication history
- I authorize my provider's office to contact me by mobile phone

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Employee Signature: \_\_\_\_\_

# SOUTHERN HEALTH ASSOCIATES

FAMILY AND SPORTS MEDICINE



PATIENT NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

### MEDICAL HISTORY FORM

PRESENT HEALTH CONCERNS: \_\_\_\_\_

MEDICATIONS: Prescription and non-prescription medicines, vitamins, home remedies, birth control pills, herbs:

MEDICATION	DOSE	TIMES PER DAY	MEDICATION	DOSE	TIMES PER DAY

ALLERGIES: \_\_\_\_\_

PERSONAL MEDICAL HISTORY: Please indicate whether you have had any of the following medical problems:

- |  |  |
|--|--|
| <input type="checkbox"/> Congenital Heart Disease<br><input type="checkbox"/> Myocardial Infarction (Heart Attack) – Date _____<br><input type="checkbox"/> Diabetes<br><input type="checkbox"/> High Cholesterol<br><input type="checkbox"/> Stroke<br><input type="checkbox"/> Thyroid Problem | <input type="checkbox"/> Coagulation Disorder (Bleeding/Clotting)<br><input type="checkbox"/> Cancer _____ (Type)<br><input type="checkbox"/> Alcoholism<br><input type="checkbox"/> Blood Transfusion<br><input type="checkbox"/> Abnormal Pap Smear<br><input type="checkbox"/> Neurological Problems _____ (Type) |
|--|--|

HEALTH MAINTENANCE: Please indicate date of testing

- |   |  |
|---|--|
| Pap Smear _____<br>PSA _____<br>DXA Bone Age _____<br>Pneumonia Vaccine _____<br>Shingles Vaccine _____ | Colonoscopy _____<br>Mammogram _____<br>Flu Vaccine _____<br>Tetanus Vaccine _____ |
|---|--|

SURGICAL HISTORY: Please list all prior operations and dates

Operation	Date	Operation	Date

  
**SOUTHERN**  
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PATIENT NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

**WOMEN'S GYNECOLOGICAL HISTORY:**

# Pregnancies \_\_\_\_\_ # Deliveries \_\_\_\_\_  
 # Abortions \_\_\_\_\_ # Miscarriages \_\_\_\_\_  
 1<sup>st</sup> day of most recent period \_\_\_\_\_ Age of 1<sup>st</sup> period \_\_\_\_\_  
 Frequency of periods: \_\_\_\_\_ Length of bleeding \_\_\_\_\_  
 Any Concerns about your periods? \_\_\_\_\_

**FAMILY HISTORY:**

MEDICAL CONDITION	MOM	DAD	SISTER	BROTHER	DAUGHTER	SON	OTHER
Alcoholism							
Anemia							
Asthma							
Birth Defects							
Bleeding Problems							
Breast Cancer							
Colon Cancer							
Melanoma							
Ovarian Cancer							
Prostate Cancer							
Cancer, Other							
Depression							
Diabetes, Type 1 (child)							
Diabetes, Type 2 (adult)							
Eczema							
Epilepsy (Seizure)							
Genetic Disease							
Glaucoma							
Heart Attack							
High Blood Pressure							
High Cholesterol							
Kidney Disease							
Lupus							
Migraine Headache							
Mitral Valve Prolapse							
Osteoarthritis							
Osteoporosis							
Rheumatoid Arthritis							
Stroke							
Thyroid Disorder							
Tuberculosis							
Other:							

PATIENT NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

**SOCIAL HISTORY:**

**Tobacco Use:**

**Cigarettes**

- Current Smoker
- Former Smoker: Quit Date \_\_\_\_\_
- Never Smoked
- Pipe Use
- Cigar Use
- Snuff Use
- Chewing Tobacco

**Alcohol Use:**

- No Alcohol Intake
- # Drinks per week \_\_\_\_\_
- Alcohol is a concern for others

**Drug Use:**

- Recreational Drug Use
- I have used needles

Are you interested in quitting? Y N

Do you exercise regularly? Y N

Occupation: \_\_\_\_\_

Education Completed: \_\_\_\_\_

**MARITAL STATUS:** Married Widowed Divorced Separated Single Cohabiting

Spouse/Partners Name: \_\_\_\_\_ Number of children: \_\_\_\_\_

Are you sexually active? \_\_\_\_\_ Current sex partners: \_\_\_ Male \_\_\_ Female \_\_\_ Both

Birth Control method: \_\_\_\_\_ Have you been tested for STDs? Y N

Are you interested in being screened for STD's? Y N \_\_\_\_\_

**EMOTIONS:**

1. In the past year, have you had 2 weeks or more during which you felt sad, blue, or depressed; or when you lost all interested or pleasure in things that you usually cared about or enjoyed? Yes or No
2. Have you had 2 years or more in your life when you felt depressed or sad most days, even if you felt okay sometimes? Yes or No
3. Have you felt depressed or sad much of the time in the past year? Yes or No

**REVIEW OF SYSTEMS:** Please check any current problems you have on the list below:

**General:**

- Fever/Chills/Sweats
- Unexplained wt change
- Fatigue/Weakness
- Excessive thirst/urination
- Thyroid Problem

**ENT:**

- Change In Vision
- Difficult Hearing/ringing
- Problems with teeth/gum
- Muscle/joint pain

**Chest:**

- Chest pain/discomfort
- Leg pain with exercise
- Palpitations

**Other:** \_\_\_\_\_

**Respiratory:**

- Breast lump/discharge
- Cough/wheeze
- Difficulty Breathing

**Gastrointestinal:**

- Blood in stool
- Nausea/Vomiting/Diarrhea
- Abdominal Pain

**Genitourinary:**

- Leaking Urine
- Unusual Vaginal Bleeding
- Discharge: Penis or vagina
- Sexual function problem
- Nighttime Urination

**Dermatology:**

- Rash
- Change in mole
- Numbness
- Unexplained Lumps
- Easy bruising

**Neurology:**

- Loss of coordination
- Headaches
- Dizziness/Light-Headed
- Memory Loss

**Psych:**

- Problems with sleep
- Depression
- Anxiety/Stress